

The Evidence-Based Edit

Welcome!

...to the December issue of The Evidence-Based Edit, your essential, concise guide to cutting-edge educational research tailored just for you!

We are thrilled to showcase the brilliant research and distilled findings submitted by your own Luminate colleagues in this special issue! You'll find expert articles on Jane Hinchliffe's deep dive into neuroscience and psychological safety, Aleks House's adaptive teaching magic, and Helen Pickup's practical tools for optimum executive functioning!



Triumph with Tech!

We break down the secret to managing a heavy workload: mastering a few powerful prompting techniques.

Learn exactly how to craft instructions that **automate time-consuming, repetitive tasks** and transform complex projects into **streamlined processes**. Check out the guide [here](#)!

New and Ongoing Research



It's Not Behaviour, It's Neuroscience: The Key to a 'Ready-to-Learn' Brain

Jane Hinchliffe!
Relational Practice Lead

Mays Imad's neuroscience research reveals that **when students feel psychologically safe, their brains are primed for retention**—making a trauma-informed environment the essential strategy for **maximum student engagement**.

Click [here](#) for a bite-sized summary!

Stop Calling on Volunteers: The Routine That Guarantees Every Student Thinks

Discover the **powerful, equitable strategy** that transforms whole-class engagement by gently guaranteeing every student participates and **pulls knowledge into long-term memory**. Learn more [here](#)!

Research... Applied.

Aleks
House!
DHoD Digital
& Innovation
ACE

When Plans Unravel: A Small Moment of Teaching Magic!

Witness how a sudden shift in a lesson instantly became a **dynamic, 80-minute masterclass in collaborative learning**, proving that **responsive adaptive teaching** is the essential, evidence-based skill that transforms classroom disruption into **authentic, deep, and memorable understanding** for everyone involved. Click [here](#) to find out more!

STEP INTO OPPORTUNITY



Helen
Pickup!
SEND &
Inclusion

The Visual Edge: Simple Tools to Sharpen Executive Functioning!

Ready to boost independence? Helen's article explains how creating **clear, simple visual supports** - backed by research from Meltzer, Dawson, and Guare - is the fastest way to **reduce cognitive load and strengthen working memory**, helping every learner conquer planning and organisation! Check out her one-pager [here](#)!



Executive functioning

Welcome to Your Licensed Coaches!

We had the privilege of watching Luminate colleagues level up their coaching skills in our recent internal course, and you can be next! **Lock in your place for our highly anticipated 2026 dates through your manager or AP from January!**



Hungry for More?

Elevate Your Impact: Guest edit, publish your research, and spark new ideas in FE Education!

Join our like-minded community [here](#)!